

The Whole Person Health Trust

Registered Office

23 Lancaster Drive
Isle of Dogs
LONDON
E14 9PT

Statement of Accounts

For the Financial Year ended
31st March 2007

The Whole Person Health Trust

Company Number 04386014

Charity Registration Number 1098671

The Whole Person Health Trust

23 Lancaster Drive
Isle of Dogs
London, E14 9PT

Annual Report 2006-7

The Whole Person Health Trust

This has been a quiet year for the trust, with the Whole Person Clinic at the Barkantine Practice running down due to the departure of our counsellor and ill health on the part of Doctor Sheldon. Dr John Hardaker has stepped into the gap and has been seeing a small number of referrals from the GP practice. At the end of the year we decided to close down the clinic. The main future activity will be the writing up of our experience to inform other practitioners.

www.wholepersonhealth.co.uk

Our web site describes the basic work of the Trust and Clinic. It is now maintained for us by a web-master and we are attempting to gradually develop it's usefulness as a resource for people interested in whole-person health care.

The site also advertises the Hanbury Booklets and enables people to contact us via e-mail. We have also purchased the web domain www.wphtrust.org and will use this to store resources on whole person health for the medical profession.

Hanbury Booklets

We have been using the Hanbury series of booklets as a way of publishing longer articles or essays which build towards an understanding of whole-person health. A list of booklets published, and those in preparation is available from the Trust office.

Training programmes

Dr Sheldon has been involved in a number of teaching and training sessions both in the UK and abroad. These have mainly been to medical audiences, informing them of the importance of a whole-person approach, and then discussing possible ways in which medical practice may be altered to provide a more whole-person method of health care delivery.

Some on-going consultancy work has been undertaken, so far mainly with GPs, to help them seek for ways in which whole-person principles may be applied in practice.

WholeCare

A new organization has been developed by Dr Sheldon and others interested in the field of wholeness and healing. The main co-workers are Dr Michael Harper and Revd Dr Russ Parker. The organization intends working as an umbrella organisation for healing centers and Christian whole-person projects.

We received a one-off gift of £11,500 being the closing balance of the Churches Council for Health and Healing which has now closed down. The Whole Person Health Trust has held these designated funds to be spent by WholeCare on projects relating to the advancement of whole person care. Conferences are planned, and research fellows already appointed to explore in depth some aspects of the whole person approach in health care.

EMCPA

Philippa Downs has continued to provide administrative backup for the Trust. One important activity during this last year was hosting the UK annual meeting of the European Movement for Christian Psychology and Anthropology (EMCPA). This meeting was held in November at St Cuthman's retreat centre south of Crawley.

We also designed and executed a web site on behalf of the organisation which can be found at www.emcpa.eu

Future developments.

It is our intention to spend the coming year concentrating of developing and disseminating resources for health care professionals, through books and pamphlets, our web sites and conferences and training seminars. We also intend encouraging other professionals who are seeking to develop a whole person approach to health.

Statement of Accounts

For the Financial Year ended 31st March 2007

The Whole Person Health Trust

Company Number 04386014

Charity Registration Number 1098671

The directors present their report and accounts for the year ended 31st March 2007 and confirm that the accounts have been prepared in accordance with the charitable company's governing instrument and relevant statutory requirements.

CONSTITUTION

The company, which is limited by guarantee and therefore governed by its Memorandum and Articles of Association, is a registered charity.

DIRECTORS' STATEMENT OF RESPONSIBILITY IN RELATION TO THE ACCOUNTS

Law applicable to charitable companies in England and Wales requires directors to prepare accounts for each financial year which give a true and fair view of the charitable company's financial activities during the year and of its financial position at the end of the year. In preparing accounts giving a true and fair view, the directors should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare accounts on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The directors are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charitable company and which enable them to ascertain the financial position of the charitable company and which enable them to ensure that the accounts comply with applicable law. They are also responsible for safeguarding the assets of the charitable company and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The directors confirm that the charitable company can meet all its obligations on all its funds, if not the directors will contribute sufficient capital to achieve this.

DIRECTORS

The directors for this year were

Dr Michael G Sheldon, Revd. Dr Nick Read, Dr Stuart Bingham

The report of the directors' has been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies and was approved by the board on 15th November 2007 and signed on its behalf.

ByDr Michael G Sheldon..... (Chair and Company Secretary)

Registered Address of Trust: 23 Lancaster Drive, Isle of Dogs, London E14 9PT

Balance Sheet

| ASSETS | 31-Mar-07 | 31-Mar-06 |
|---|------------------|------------------|
| Fixed Assets (Computers and office furniture) | 783.11 | 1,044.14 |
| Minus 25% depreciation | 195.78 | 261.04 |
| Donations of furniture from Dr Sheldon | | |
| Fixed Assets carried forward 31st March | <u>587.33</u> | <u>783.11</u> |
| Current Assets | | |
| Funds donated during the financial year - designated | | 11,500.00 |
| Funds donated during the financial year - undesignated | 2,010.15 | 711.54 |
| EMCPA Conference | - | 1,609.01 |
| Booklet sales | 12.50 | 240.00 |
| Booklet stock | 69.50 | 82.00 |
| Cash in hand | 3.61 | 3.87 |
| | <u>2,095.76</u> | <u>14,146.42</u> |
| Resources Expended | | |
| As detailed on statement of receipts and payments | | 8,255.41 |
| Total current assets less current liabilities | <u>2,095.76</u> | <u>5,891.01</u> |
| Funds brought forward from previous financial year (bank) | 11,547.85 | 5,407.24 |
| Funds brought forward from previous financial year(ICRT) | - | - |
| Accumulated funds | <u>13,643.61</u> | <u>11,298.25</u> |

NOTE

For the year ended 31st March 2006 the company was entitled to exemption under section 249a(1) of the Companies Act 1985 and therefore the accounts have not been audited

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 249b(2)

No payments have been made to the directors within this financial period

The directors acknowledge their responsibility for: i) Ensuring the company keeps accounting records which comply with section 221; and ii) Preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 226, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as applicable to the company.

For the financial year ended 31st March 2007 the company is non-trading

Approved by the Directors on 15th November 2007

Signed on their behalf

Dr M G Sheldon (Company Sec.)

**Notes to the Accounts
For the Financial Year ended 31st March 2007**

1 Basis of Accounting

The accounts have been prepared under the "Receipts and Payments" basis as prescribed by the Charity Commissioners, and they meet the legal requirements. The accounts are prepared on a "going concern" basis

| 2 Incoming Resources | 2006-7 | 2005-6 |
|---|------------------------|------------------------|
| | £ | £ |
| Donations received by the charity Inner City Renewal Trust on behalf of the WPH Trust | 0.00 | 711.54 |
| Booklet sales | 12.50 | 240.00 |
| Donations received by The Whole Person Health Trust | 2,000.00 | |
| EMCPA conference | 0.00 | 1,609.01 |
| | <u>2,012.50</u> | <u>2,560.55</u> |

3 Resources Expended

a) Costs of Activities in Furtherance of the Charities Objects

| | | |
|-----------------------------------|-----------------|----------------------|
| Establishment costs | | 236.66 |
| Expenses relating to publications | | 219.56 |
| | <u>-</u> | <u>456.22</u> |

b) Support Costs

| | | |
|------------|------------------------|------------------------|
| Salaries | 1,292.00 | 3,087.00 |
| Stationary | | 79.20 |
| | <u>1,292.00</u> | <u>3,166.20</u> |

c) Resources Expended on Managing and Administering the Charity

| | | |
|--------------|-----------------|-----------------|
| Telephone | - | - |
| Bank Charges | - | - |
| | <u>-</u> | <u>-</u> |

The Whole Person Health Trust

**Notes to the Accounts (continued)
For the Financial Year ended 31st March 2007**

| | 2006-7 | 2005-6 |
|---|---------------|---------------|
| | £ | £ |
| 4 Staff Costs and Numbers | | |
| Gross wages | 1,292.00 | 3,087.00 |
| Employees who were engaged in administering the charity | 1 | 1 |
| (Part-time self-employed professionals) | | |

5 Payments to Directors

No payments were made to directors or any persons connected with them during this financial period. No material transaction took place between the charity and any director or any person connected with them.

Signed at the AGM meeting of directors at the Barkantine Practice on 11th October 2006
All Directors present

Signed

Dr Michael G Sheldon

Whole Person Health Trust

Statement of Receipts and Payments
For the Year ended 31st March 2007

| Incoming Resources (Donations and gifts) | Total 2006 - 2007 £ | Total 2005 - 2006 £ |
|--|-------------------------------|-------------------------------|
| Donations to WPH Trust for designated purposes | | 11,500.00 |
| Donations to WPH Trust received through ICRT | | 711.54 |
| Donations received by WPH | 2,010.15 | - |
| Income from booklet sales | 12.50 | 240.00 |
| EMCPA Conference | | 1,609.01 |
| TOTAL INCOMING RESOURCES | 2,022.65 | £14,060.55 |

Resources Expended

(a) Cost of activities in furtherance of the Charity's Objects

| | | |
|---|----------|----------|
| Establishment costs | - | - |
| Expenses - general | | 236.66 |
| Expenses - specific to booklet production | | 219.56 |
| Expenses - booklets supplied at 100% discount | | |
| Expenses - Churches Council for Health and Healing (designated) | 1,069.50 | 2,974.40 |
| EMCPA conference | | 1,500.00 |

(b) Support costs

| | | |
|------------|----------|----------|
| Salaries | 1,292.00 | 3,087.00 |
| Stationary | | 79.20 |

(c) Resources expended in managing the charity

| | | |
|---------------------------------|---|--------|
| Telephone | - | |
| Bank charges | - | |
| Data Protection Licence | - | |
| Companies House fee and penalty | | 30.00 |
| Repair to computer | - | |
| Web Site Hosting Fee | | 128.59 |
| Insurance | - | |

| | | |
|---------------------------------|-----------------|-----------------|
| TOTAL RESOURCES EXPENDED | 2,361.50 | 8,255.41 |
|---------------------------------|-----------------|-----------------|

| | | | |
|------------------------|---|--------|-----------|
| NET INCOMING RESOURCES | - | 338.85 | £5,805.14 |
|------------------------|---|--------|-----------|

| | | | |
|--|-----------|----------|--|
| Funds brought forward from previous year (31st March 2006) | 11,298.25 | 5,407.24 | |
|--|-----------|----------|--|

| | | | |
|--------------------------|-------|-------|--|
| Stock in hand (booklets) | 69.50 | 82.00 | |
|--------------------------|-------|-------|--|

| | | | |
|--------------|------|------|--|
| Cash in hand | 3.61 | 3.87 | |
|--------------|------|------|--|

| | | | |
|--|----------|----------|--|
| DESIGNATED FUNDS CARRIED FORWARD on 31st March | 7,456.20 | 8,525.60 | |
|--|----------|----------|--|

| | | | |
|--|----------|----------|--|
| UNDESIGNATED FUNDS CARRIED FORWARD on 31st March | 3,576.31 | 2,772.55 | |
|--|----------|----------|--|

| | | | |
|--|------------------|------------------|--|
| TOTAL FUNDS CARRIED FORWARD on 31st March | 11,032.51 | 11,298.25 | |
|--|------------------|------------------|--|

| | | | |
|---|--------|----------|--|
| Fixed Assets Computers and Office Furniture | 783.10 | 1,044.14 | |
|---|--------|----------|--|

| | | | |
|------------------------|--------|--------|--|
| Minus 25% depreciation | 195.78 | 261.04 | |
|------------------------|--------|--------|--|

| | | | |
|---|---------------|---------------|--|
| Fixed Assets carried forward on 31 March | 587.33 | 783.10 | |
|---|---------------|---------------|--|

Whole Person Health Trust

WholeCare (Funds from CCHH)

| | Credit /Cheque no. | Amount | Running total | |
|---|-------------------------------|-----------------------------------|-------------------------------------|------------------|
| | | Research Fellows £ | WholeCare expenses £ | £ |
| Amount received as a closing payment from the charity - Churches Council for Health and Healing | | | 11,500.00 | |
| Expenditure from designated funds | | | | |
| 10-May-06 CCH Consultant - John Truscott | 300045 | | 749.50 | 749.50 |
| 22-Sep-06 Margaret Cabbage - logo design for Wholecare | 300048 | | 120.00 | 869.50 |
| 14-Mar-07 J. Cooper design of Wholecare website | 300054 | | 200.00 | 1,069.50 |
| | | <u>0.00</u> | <u>1,069.50</u> | |
| Funds remaining | | | | 10,630.50 |